AN EVENING **NOT TO BE** MISSED!

Places Limited **Book your** spot 2day!

Bruce Fordyce



- Comrades course holder for 27 years
- Current world road 50 Mile record holder (London to Brighton, 1983)
- Former world 100 km record holder (6:25:07 - South Africa 1989)
- Current USA 50 mile record holder

Bruce is the current coordinator of ParkRuns South Africa and has over fifty of these 5 km runs to his credit. In 2004 Bruce was voted the 64th most influential South African of all time. This is a chance to hear a great motivational and inspiring speaker.



\$50.00 per person, includes finger food, limited drinks, autographs and photo opportunities. Places are strictly limited so email digger@ozemail.com.au to reserve your place.





