



ANZAC Day BREAKFAST RUN

10KM OR 5.5KM

A little last minute however, for those not attending a morning service or march, I thought I'd host a breakfast run to show you one of my favourite routes around Huntleys Point and Tarban Creek, much of which is traffic free. I've set a 10km, out and back (lollypop) course from my place or a 5.5km option for those preferring something shorter.

10km Start/Finish:

Angela's Place
Birkenhead Quays
3 Cary St, Drummoyne.
(Can park at Brett Park and walk under the bridge... less than 100m!)

10km Time:

Meet 7:20am
Run 7:30am
Breakfast 8:45am

Cost: \$5

Something shorter perhaps...

Then how about a 5.5km loop course instead?

Instead of meeting at Angela's, park near 71 Huntleys Point Rd, Huntleys Point (look up in google maps...it's a cul-de-sac). Meet up with the 10km runners as they come past and do the 5.5km loop part of the course only (the best bit!)... I'll run with you. Then drive back to Angela's at 3 Cary St for breakfast!

Time: *the 10km runners will come past about 7:45am.*

Map avail at 5.5km start or:

<http://www.mapmyrun.com/routes/view/193169788>

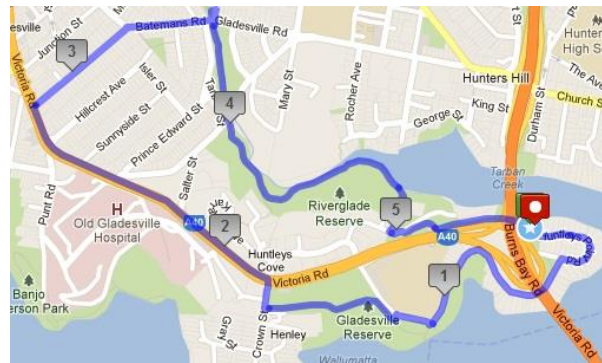
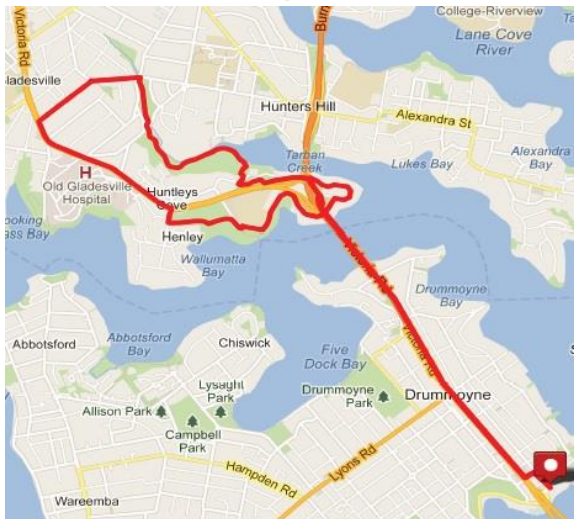
I'm overseas from 18-23 April but checking emails: angpegasus@gmail.com

& FOR THE TUMMY...

Fresh fruit, cereal, muffins, toast, bacon, eggs, sausages, juice, tea & coffee. All offers to assist catering will be warmly appreciated but not compulsory. Email/text me if you're interested...

RSVP... by COB Tues 23 April via email angpegasus@gmail.com or ph/text 0419 444 010.

PREVIEW... (Maps PROVIDED at Each Start point)



ANGELA:

0419 444 010 or angpegasus@gmail.com

Don't hesitate...No Question is too silly !!!



